

KAHULUI LUNCH MENU

August 2022

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|---|--|---|---|---|
| 1 Hamburger Steak w/ Gravy Mashed Potato Peas & Carrots Peaches | 2 Chicken w/ Penne Pasta Whole Wheat Roll Capri Blend Pears | 3 Pork and Peas Rice Assorted Vegetables Pineapple | 4 Swedish Meatballs Linguine Pasta Broccoli Mixed Fruits | 5 Chili Con Carne Rice California Blend Mandarin Orange | 6 Egg Salad Sandwich Tossed Salad Roll Peaches | 7 Arroz Caldo Fruits Pound Cake Juice |
| 8 Chicken Long Rice Rice Green Beans Orange Juice | 9 Vegetable Meatloaf w/ Gravy Mashed Potatoes Broccoli Applesauce | 10 Egg Salad Sandwich Lettuce Black Bean Salsa Salad Pears | 11 Pork Chow Fun Mini Manapua California Blend Pineapple | 12 Fish Sandwich w/ Tartar Sauce Lettuce & Tomato Mixed Veggies Cantaloupe | 13 Chicken Sandwich Fruits Pound Cake Juice | 14 Spaghetti w/ Meat Sauce Roll Banana |
| 15 Pork Hekka Rice Asst Vegetables Peaches | 16 Beef Stew Rice Tossed Salad Banana | 17 Chicken Salad Sandwich w/ Cheese Garden Salad Pasta Orange Juice | 18 10 Grain Fish w/ Tartar Sauce Rice California Blend Mixed Fruits | 19 <u>MADCC Lunch</u> Tuna Sandwich Tossed Green Salad Pudding Banana | 20 Arroz Caldo Fruits Blueberry Muffin Juice | 21 Egg Salad Sandwich Tossed Salad Roll Peaches |
| 22 Pulled BBQ Pork Bun Coleslaw Peaches | 23 Chicken Stew Rice Oriental Blend Fruit Cup | 24 Sweet and Sour Meatballs Rice Oriental Blend Applesauce | 25 Beef Tips in Gravy Rice Assorted Veggies Banana | 26 Kalua Pork and Cabbage Rice Capri Blend Veggies Pineapple | 27 Spaghetti w/ Meat Sauce Roll Banana | 28 Chicken Salad Sandwich w/ Cheese Garden Pasta Salad Orange Juice |
| 29 Tuna Sandwich Lettuce 3 Bean Salad Dole Tropical Fruit | 30 Hamburger Goulash Roll Broccoli Mandarin Orange | 31 Hot Dog in Bun Baked Beans Broccoli Fruit Cup |  | |  | |



Note:

Lunches are provided through the County of Maui, Kaunoa Senior Services' Congregate Nutrition Program. While not required, your voluntary contributions (suggested amount:\$2/meal) are greatly appreciated and are vital to the continuation of the program.

**** Menu subject to change without notice****

