

KAHULUI LUNCH MENU

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Hamburger Steak w/ Gravy Mashed Potato Peas & Carrots Peaches	2 Chicken w/ Penne Pasta Whole Wheat Roll Capri Blend Pears	3 Pork and Peas Rice Assorted Vegetables Pineapple	4 Swedish Meatballs Linguine Pasta Broccoli Mixed Fruits	5 Chili Con Carne Rice California Blend Mandarin Orange	6 Egg Salad Sandwich Tossed Salad Roll Peaches	7 Arroz Caldo Fruits Pound Cake Juice
8 Chicken Long Rice Rice Green Beans Orange Juice	9 Vegetable Meatloaf w/ Gravy Mashed Potatoes Broccoli Applesauce	10 Egg Salad Sandwich Lettuce Black Bean Salsa Salad Pears	11 Pork Chow Fun Mini Manapua California Blend Pineapple	12 Fish Sandwich w/ Tartar Sauce Lettuce & Tomato Mixed Veggies Cantaloupe	13 Chicken Sandwich Fruits Pound Cake Juice	14 Spaghetti w/ Meat Sauce Roll Banana
15 Pork Hekka Rice Asst Vegetables Peaches	16 Beef Stew Rice Tossed Salad Banana	17 Chicken Salad Sandwich w/ Cheese Garden Salad Pasta Orange Juice	18 10 Grain Fish w/ Tartar Sauce Rice California Blend Mixed Fruits	19 <u>MADCC Lunch</u> Tuna Sandwich Tossed Green Salad Pudding Banana	20 Arroz Caldo Fruits Blueberry Muffin Juice	21 Egg Salad Sandwich Tossed Salad Roll Peaches
22 Pulled BBQ Pork Bun Coleslaw Peaches	23 Chicken Stew Rice Oriental Blend Fruit Cup	24 Sweet and Sour Meatballs Rice Oriental Blend Applesauce	25 Beef Tips in Gravy Rice Assorted Veggies Banana	26 Kalua Pork and Cabbage Rice Capri Blend Veggies Pineapple	27 Spaghetti w/ Meat Sauce Roll Banana	28 Chicken Salad Sandwich w/ Cheese Garden Pasta Salad Orange Juice
29 Tuna Sandwich Lettuce 3 Bean Salad Dole Tropical Fruit	30 Hamburger Goulash Roll Broccoli Mandarin Orange	31 Hot Dog in Bun Baked Beans Broccoli Fruit Cup				



Note:

Lunches are provided through the County of Maui, Kaunoa Senior Services' Congregate Nutrition Program. While not required, your voluntary contributions (suggested amount:\$2/meal) are greatly appreciated and are vital to the continuation of the program.

**** Menu subject to change without notice****

