

Hale Hulu Mamo

A Place Which Embraces Our Precious & Esteemed Kupuna



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Die Hards Exercise w/Pake 9-9:30 Puzzles	2 YOGA w/Erin @ Ala Kukui	3 Die Hards Exercise w/Pake 9-9:30 Zoom Hula w/Kau 10:30-11:30	4 Lomi w/Kaunoa Sakura	5 Die Hards Exercise w/Pake 9-9:30 Computer Class w/Da Hui	6
7	8 Die Hards Exercise w/Pake 9-9:30 Lomi w/Danielle	9 Lomi w/Danielle YOGA w/Asha @ Ala Kukui	10 Die Hards Exercise w/Pake 9-9:30 Zoom Hula w/Kau 10:30-11:30	11 Lomi w/Kaunoa Sakura	12 Die Hards Exercise w/Pake 9-9:30 Puzzles	13
14	15 Die Hards Exercise w/Pake 9-9:30 Lomi w/Danielle	16 Lomi w/Danielle YOGA w/Asha @ Ala Kukui	17 Die Hards Exercise w/Pake 9-9:30 Zoom Hula w/Kau 10:30-11:30	18 Lomi w/Kaunoa Sakura	19 STATEHOOD! Die Hards Exercise w/Pake 9-9:30 Puzzles	20
21	22 Die Hards Exercise w/Pake 9-9:30 Lomi w/Danielle	23 Lomi w/Danielle YOGA w/Asha @ Ala Kukui	24 Die Hards Exercise w/Pake 9-9:30 Zoom Hula w/Kau 10:30-11:30	25 Lomi w/Kaunoa Sakura	26 Die Hards Exercise w/Pake 9-9:30 Puzzles	27
28	29 Die Hards Exercise w/Pake 9-9:30 Lomi w/Danielle	30 Lomi w/Danielle YOGA w/Asha @ Ala Kukui	31 Die Hards Exercise w/Pake 9-9:30 Zoom Hula w/Kau 10:30-11:30			

Please call for appointments: 248-8833 Mahalo, Sheila, Mayumi, Timmy & Pomai